

WEEK ONE

SUMMER 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Tomato & Mascarpone pasta (V)	Chicken Pasty with potato wedges	Crispy bacon macaroni & cheese	Cheesy chicken fajitas with rice	Tuna mayonnaise jacket potato
Potatoes, Pasta or Rice	Pasta	Potato	Pasta	Rice	Potato
Vegetables or Salad	Green Beans	Salad	Broccoli	Peppers, onions & sweetcorn	Salad
Sweet	Ice lolly (V) (DF)	Yogurt (V)	Ice cream (V)	Fruit Salad (V) (DF)	Banana Bread (V)

(GF) Gluten Free for relevant Children. (V) Vegetarian (DF) Dairy Free

Fruit and bread is available daily. Water will be served with every meal and we encourage children to bring water bottles to school daily. If your child has any food allergies or intolerance please email admin@langdale.cumbria.sch.uk

WEEK TWO

SUMMER 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Chicken katsu curry with rice	Cheesy chilli con carni with rice	Handmade margarita pizza	Chicken pita with potato wedges	Tuna pasta
Potatoes, Pasta or Rice	Rice	Rice	Pizza Base	Pita & Potato	Pasta
Vegetables or Salad	Carrots	Sweetcorn	Salad	Salad	Broccoli
Sweet	Yogurt (V)	Ice lolly (V) (DF)	Jelly (V) (DF)	Ice cream (V)	Lemon Drizzle Cake (V)

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WEEK THREE

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Jacket potato with cheese and beans (V)	Sausage, mash potato, peas and gravy (DF)	Teriyaki mince with rice (DF)	Spaghetti Bolognaise	Fish fingers, potato wedges and peas (DF)
Potatoes, Pasta or Rice	Potato	Potato	Rice	pasta	Potato
Vegetables or Salad	Salad	Peas	Cucumber & carrots	Broccoli	Peas
Sweet	Fruit Salad (V) (DF)	Yogurt (V)	Ice cream (V)	Ice lolly (V) (DF)	Apple Crumble with custard (V)

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